

Fr. Clement's email: FrClementOrango@brcdt.org
 Parish Website: www.sttheresastansted.org
 Parish website editor: church-website@zunigadaly.com
 Parish email: stansted@brcdt.org
 Twitter: @StStansted Instagram: sttheresastansted
Parish Hall Bookings: Please email/contact Fr. Clement

St Theresa of Lisieux Catholic Parish Stansted

(The Presbytery, High Lane, Stansted Mountfitchet, CM24 8LQ)
 Part of a Registered Charity No. 234092 (BRCDT)

Priest in Charge: Fr. Clement Orang'o Tel. 01279 814 349
 Parish Safeguarding: Susan Gurney safestansted@brcdt.org

Fourth Sunday of Lent -Weekday Readings Cycle 1
Eucharist Prayer II Memorial Acclamation -3

Today's Gospel Message: Jesus is the Light of the world. To each of us, Jesus offers the grace of Vision so that we may catch a glimpse into the eternal realities which lie beyond this world - joy and peace that only Christ can give.

Date 2026	Time	MASS INTENTIONS OFFERED	LITURGY OF THE DAY
March		Livestreamed (via YouTube or on our website)	Div. Off. Psalter Week 4
Saturday 14 th	6.00 pm	For happy repose of Wilhelmine Michel (Willi's mum)	4 th Sunday of Lent
Sunday 15 th	8.30 am 10.00 am	Intentions and salvation of our mothers (living or dead) For Mary O'Connor's happy repose R.I.P (by Patrick)	Fourth Sunday of Lent Year A
Monday 16 th			Lent Feria
Tuesday 17 th	7.30 pm	For the intentions and prayers for Coryn Nixon	Lent Feria - St Patrick
Wednesday 18 th	10.00 am	For the intentions and prayers for Chantal Armstrong	Lent Feria
Thursday 19 th	10.00am	For the sick and our beloved ones struggling in any way	Mass of St Joseph
Friday 20 th	6.30 pm 7.00 pm	PRAYERS OF STATIONS OF THE CROSS Mass for the intentions and prayers of Monica Russell	Stations of the Cross Lent Feria
Saturday 21 st	9.00 am 6.00 pm	For the intentions and protection of our children/youth For Hazel's private intentions and prayers	Lent Feria 5 th Sunday of Lent
Sunday 22 nd	8.30 am 10.00 am	Betty Hall & Arthur Hall R.I.P (Kath's mum & brother) For the intentions and prayers of all people of the parish	Fifth Sunday of Lent Year A

Advance notice of Easter Mass times – Please note that it is essential for Catholics to attend and partake in the Holy Triduum Celebrations, namely: Holy Thursday Mass at 7pm, Good Friday Passion Service at 3pm and the Easter Vigil Mass at 7 pm (see below numbers 1, 3 & 5) - please attend all the services.

- Evening Mass of the Lord's Supper** on Maundy Thursday on 2nd April at 7.00 pm
- Stations of the Cross for Children and Families on 3rd April at 10.30 am
- Good Friday:** The Solemn Celebration of the Passion of the Lord on 3rd April at 3.00 pm
- Morning Prayer followed by Confessions on Holy Saturday 4th April at 9.00 am
- Solemn Easter Vigil Mass** in the Holy Night on 4th April at 7.00 pm
- Mass of Easter Day at 8.30 am and 10.00 am

Please observe solemn SILENCE in Church before Mass. Thank You.

Volunteers for Teas/Coffees after 10.00 am Mass:
 Please volunteer to make the teas/coffees after Mass. This is one of the ways to support your parish and meet fellow parishioners. The more the merrier. Please give me your name and contact.

Helping each other during these times of the cost-of-living crisis: I was very touched by a parishioner's suggestion to create a "Parish Support Forum" which is about skills and services we can offer each other at a reduced cost or pro bono, if at all possible. We learn from the Acts of the Apostles (2:42) that Charity begins at home. It is perfectly in order to support each other as a united parish family even before we support others. Please let me know what skills or services you can offer and I will advertise the same to parishioners. Please let me know if you are struggling financially and I can help you discreetly from our parish **Hardship Fund** - following the Sabina Uche Appeal.

Confessions Saturdays at 5.15 pm to 5.45pm

Offertory: Thank you very much for your generous support. Cheques are made payable to: **Catholic Church Stansted St Therasas**. For online donations, our parish Account Number: **41017519**, Sort Code: **401322**, and account name: **Catholic Church Stansted St Therasas**.

Date	Gift Aid	Loose Cash	Standing Order	Total Collection
08/03/26	£160.00	£238.50	£578.75	£977.25

Helping the poor in London: Please bring your items to Church and we will take them to the Franciscan Friars of the Renewal. The items are Clothes, Shoes and toiletries. **Note:** There are more men than women.

Confessions now available 30 minutes before every Mass. The Holy Father has made a passionate appeal for all of us to go to Confession as a way to prepare ourselves for Easter. The First Reading today says this: The Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart. If you find it difficult to come to Confession, please just come for a Blessing.

Find the 9-letter word.

R	I	G
H	E	N
T	O	M

(Last week's solution: FORGIVING)

Please receive MY HEARTFELT

THANKS for responding so positively to my appeal to consider increasing the amount of money you give every week as the Sunday Collection.

Thank you so much for supporting our parish in spite of the current difficult times and the cost-of-living crisis affecting so many people. Your support is an expression of your faith and love of our Church.

Helping the poor in London: Please do bring your items to the Church and we will send them to the Franciscan Friars of the Renewal (*St Fidelis Friary, Killip Close, Canning Town, E16 1LX. Telephone 0207 4740766*). Using the measurements of M, L, XL and XXL: Socks, T-shirts, Jeans, bottom Tracksuits, Sweaters, shoes (only trainers and walking boots), Jackets, Small Toiletries (shampoo, shower gel, toothpaste, shaving foam, toothbrushes, razors, Roll-on-deodorant), underwear (this is the only item that must be new). There are 90% men and 10% women. If possible, it would be lovely to help with monetary donation during the season of Lent for food purchases. THANK YOU.

A Prayer to Our Lady of Lourdes:

O ever Immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfort of the Afflicted, you know my wants, my troubles, my sufferings; cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. Obtain, O loving Mother, the granting of my requests. I will endeavour to imitate your virtues that I may one day share your glory, and bless you in eternity. Amen. Hail Mary....

Everyone is warmly welcomed & appreciated here: I have been so happy to see new parishioners and I thank God for everyone who comes to Mass here. I would like to welcome everyone to our parish especially those who are new or joined us recently. As a parish, we all hope to be friendly and welcoming – so do please come to the Parish Hall after Mass to meet fellow parishioners and share tea/coffee. May everyone feel warmly welcomed, valued and respected in this parish. Here, in the House of the Father, nobody is entitled to judge anyone for to do so is a sin – **(Do not Judge Matthew 7:1)**. Here, no one will question you about your personal or professional life. We are all equal and the same before God. As a parish family, we are all united in the Mission of Christ. We support each other and we pray for each other’s intentions and salvation. If you are new, please let me know your details/address for pastoral reasons.

A quote from Carlo Acutis- to be canonised 7th September

- a) I never fail to keep the most gracious appointment of the day: Recitation of the Holy Rosary. Praying the Rosary is my shortest ladder to heaven. The Rosary takes us to Jesus through Mary to Heaven.

Dear St Anne, mother of Mary and grandmother of Jesus.
Pray for our families in every generation. Help our children and grandchildren to grow in faith and to live their lives in loving service to others and in gratitude and praise to God. Be with elderly members of our families who need comfort and courage as they face the problems and pains of old age. Be with parents as they try to do the best for their children in giving an example of faithfulness and true values. We ask your help for members of our family who are sick or in need at this time, and especially for those families who are broken and suffering. St Anne, mother, grandmother, friend, pray for us all. Amen. Hail Mary....

A Prayer to St Joseph:

O Blessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the child Jesus as your Son, you rescued Him from the danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the Holy Family, be with us in our trials. May your prayers obtain for us the strength to flee from error and wrestle with the powers of corruption so that in life we may grow in holiness and in death rejoice in the crown of Victory. St Joseph, pray for us who have recourse to thee. Amen. Hail Mary

Second Collection for the Diocesan Charities this weekend.

Brentwood Catholic Children Society and Pilgrimage to Lourdes Sick and Helpers Fund are two of the Diocesan Charities to help in February and March. A list of all the Diocesan Charities will be on the Noticeboard. Please be generous and THANK YOU.

Bethlehem Nativity Group:

If anyone is in need of the carvings of holy items such as rosaries and statues, you can place an order online directly from them at www.tbng.co.uk or call 07780065473.

HALL BOOKINGS: – So that I can take FULL responsibility in case of any intended or unintended consequences, please send me an email directly so that I can make a decision to book your event if at all possible. I thought it is time we started to remind ourselves of some basic guidelines. Please do not assume that the Hall is booked for your event until I have given you a written permission via relevant hall forms.

Devotion to the Sacred Heart: Would you like Christ to heal your home, heal your relationships, your marriage, your illnesses and your children? Would you like Christ to help you with family differences and tensions? Would you like Christ to help you financially and holistically? Would you like Christ to Protect you against internal and exterior attacks from the enemy? Christ is All and is in All (Col 3:11). Our Saviour, Christ the Lord, has the answer and the hope we need in every situation of our lives. The Sacred Heart Devotion is a beautiful way to encounter Our Lord. The Sanctuary of the Sacred Heart at Paray-Le-Monial, France, has prepared a 12-steps presentation on the meaning of the Devotion to the Sacred Heart. I recommend this presentation to everyone. Please visit our website to read this presentation: <https://www.sttheresasastned.org/sacred-heart-devotion/>

Jesus revealed to Saint Margaret Mary the secrets of His Heart and the wonders of His love. This is a grace we can ask for as well. It is the grace received by Saint Margaret Mary, the grace that thousands of pilgrims have received, the grace of the Heart of Jesus: to encounter the personal love of Jesus for me. Jesus affirms that His love is for all humanity, and for each one of us in particular. It is as if Jesus is saying: My Heart remains restless until what I have done for all humanity takes on a personal shape and a particular rooting in your life. At Paray-le-Monial, Jesus tells us that the love He has for all humanity, the salvation He works for all humanity, His presence that He maintains with all

b) I love you Jesus, come right in, and make yourself at home in my heart (Carlo would solemnly kneel and say this prayer after receiving holy Communion).

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humanity.....He wants this to take on a wholly personal reality in each of our lives. **Please read the twelve steps on our website - You may choose to read two steps daily and think about them**

Confirmation Lessons take place on Saturdays at 4pm as follows: 28 February, 21 March, 18 April, 2 May, 23 May, 13 June, 4 July, 18 July, 29 August, 19 September. Bishop Alan will celebrate the Confirmation Mass on 27 September at 10am. The Lessons have now started and new entrants will wait for the next Group

Please bring Food Bank items and we will distribute them to the needy within our community. Thank you.